- ------
FORM 5
- ------

U.S. SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities
Exchange Act of 1934,
Section 17(a) of the Public Utility
Holding Company Act of 1935 or Section 30(l) of
the Investment Company Act
of 1940

<TABLE>
<S> <C> <C> <C> <C> <C> <C>

1. Name and Address of Reporting Person*
RIF Capital Inc.
(Last) (First) (Middle)
PO Box 634C Collymor Rock
(Street)
(City) (State) (Zip)
Price Waterhouse Centre
St. Michael Barbados WI

2. Issuer Name and Ticker or Trading Symbol
InterUnion Financial Corporation (IUFC)

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year
March 2000
---------- below)

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person to Issuer (Check all applicable)
---- Director
X 10% Owner
--- Officer (give title below)
---- Other (specify below)

7. Individual or Joint/Group Filing (Check applicable line)
X Form Filed by one Reporting Person
---- Form Filed by more than one Reporting Person

TABLE 1 -- NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8) Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Amount	(A) or (D)	Price	5. Amount of Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock						2,462,847	D	
Preferred Class A Stock						1,500,000*	D	

*If the form is filed by more than one Reporting Person, see Instruction 4(b)(v).

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Print or Type Responses)

</TABLE>
<TABLE>
<CAPTION>

FORM 5 (CONTINUED) TABLE II -- DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED
(E.G., PUTS, CALLS, WARRANTS, OPTIONS, CONVERTIBLE SECURITIES)

<S>	<C>	<C>	<C>	<C>	<C>	<C>	<C>	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price
				(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

<C>	<C>	<C>	<C>
1. Title of Derivative Security (Instr. 3)	9. Number of Derivative Securities Beneficially Owned at End of Year (Instr. 4)	10. Ownership of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:
* Shares of Preferred Class A Stock are entitled to one hundred votes for each share on each matter to come before a meeting of the shareholders of the issuer.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 10001 and 15 U.S.C. 78ff(a).

/s/ James Knot: Apr. 6, 2000

**Signature of Reporting Person Date
James Knott
On Behalf of RIF Capital Inc.

Note. File three copies of this form, one of which must be manually signed.
If space provided is insufficient, see Instruction 6 for procedure.

</TABLE>